10/14

Friday

11/01/24

		Lunch	Menu	1	
Day	Monday	Tuesday	Wednesday	Thursday	
Date	10/28/24	10/29/24	10/30/24	10/31/24	

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Entrée	Tyrannosaurus Chili	Chicken Rice & Cheese Casserole	Sante Fe Burritos	Monster Meatball Subs	Brontosaurus Bologna & Cheese Sandwich
Meat/Protein	Ground Beef (I) (CN)	Chicken, Diced	Refried Beans (f)	Ground Beef Meatballs (CN)	Turkey Bologna
meat/Protein		Cheese, Sliced American	Cheese, Shredded Cheddar		Cheese, Sliced American
Vegetable	Chili Beans (f)	Cucumbers	Corn	Carrot, Baby	Celery Sticks
Toddler Substitution		Cucumbers (peeled for Toddlers)		Carrots (A,f)	Green Beans (C)
Fruit	Diced Peaches (A&C)	Oranges (C,f)	Fruit Cocktail (A)	Diced Pears (C)	Apples, Canned Diced
Toddler Substitution		Mandarin Oranges (C,f)			Applesauce
Bread	Saltines	Brown Rice WG	Whole Wheat Tortillas, 1 oz eq	Hotdog Buns	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk



Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice. All cereals contain no more than 6 grams of sugar per dry ounce. All yogurts contain no more than 23 grams of sugar per 6 ounces. WG - Whole Grains served once per day. (A) Vitamin A, (C) Vitamin C, (f high-fiber fruit or vegetable, (I) Food with Iron. Drinking water is made available to children at all times at drinking fountains located in this facility. One year olds receive whole milk; children 2 and older receive low fat 1% milk. This institution is an equal oopportunity provider. All Entrees are "Home Made" unless marked CN (a Child Nutrition labeled product).

Thursday

Friday 11/08/24

Monday Day 11/07/24 11/05/24 11/06/24 11/04/24 Date

<u>Entrée</u>	Ground Turkey Tacos	Tator Tot Casserole	Cheesy Mac & Ham	Jurassic Joes	Classic Ham and Cheese Sandwich
Meat/Protein	Ground Turkey	Ground Beef (I) (CN)	Turkey Ham (non-pork) Diced	Ground Beef (I) (CN)	Turkey Ham (non-pork)
Medi/Frotein	Cheese, Shredded Cheddar	Cheese, Shredded Cheddar	Cheese, Shredded Cheddar		Cheese, Sliced American
Vegetable	Corn	Tator Tots	Cucumbers	Green Beans (C)	Celery Sticks
Toddler Substitution			Cucumbers (peeled for Toddlers)		Green Beans (C)
Fruit	Apples, Canned Diced	Fruit Cocktail (A)	Oranges (C,f)	Diced Peaches (A&C)	Bananas (C,f)
Toddler Substitution	Applesauce	Diced Pears (C)	Mandarin Oranges (C,f)		
Bread	Whole Wheat Tortillas, 1 oz eq	Whole Grain Bread	Macaroni	Hamburger Buns	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk

Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice. All cereals contain no more than 6 grams of sugar per dry ounce. All yogurts contain no more than 23 grams of sugar per 6 ounces. WG - Whole Grains served once per day. (A) Vitamin A, (C) Vitamin C, (f high-fiber fruit or vegetable, (I) Food with Iron. Drinking water is made available to children at all times at drinking fountains located in this facility. One year olds receive whole milk; children 2 and older receive low fat 1% milk. This institution is an equal oopportunity provider. All Entrees are "Home Made" unless marked CN (a Child Nutrition labeled product).

Wk-2

Wk-3

Lunch	Menus
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Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	11/11/24	11/12/24	11/13/24	11/14/24	11/15/24

<u>Entrée</u>	Crispy Chicken Sandwich	Mama Mia Spaghetti	Green Chili Chicken Burritos	BBQ Chicken & Rice	Turkey & Cheese Sandwich
Meat/Protein	Chicken Patties (CN)	Ground Beef (I) (CN)	Chicken, Diced	Chicken, Diced	Turkey Breast
Meatrrotein			Cheese, Shredded Cheddar		Cheese, Sliced American
Vegetable	Peas & Carrots (A,f)	Cucumbers	Corn	Celery Sticks	Carrot, Baby
Toddler Substitution		Cucumbers (peeled for Toddlers)		Green Beans (C)	Carrots (A,f)
Fruit	Apples, Canned Diced	Diced Pears (C)	Oranges (C,f)	Diced Peaches (A&C)	Bananas (C,f)
Toddler Substitution	Applesauce		Mandarin Oranges (C,f)		
Bread	Hamburger Buns	Spaghetti Noodles	Whole Wheat Tortillas, 1 oz eq	Brown Rice WG	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk



Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice. All cereals contain no more than 6 grams of sugar per dry ounce. All yogurts contain no more than 23 grams of sugar per 6 ounces. WG - Whole Grains served once per day. (A) Vitamin A, (C) Vitamin C, (f high-fiber fruit or vegetable, (I) Food with Iron. Drinking water is made available to children at all times at drinking fountains located in this facility. One year olds receive whole milk; children 2 and older receive low fat 1% milk. This institution is an equal oopportunity provider. All Entrees are "Home Made" unless marked CN (a Child Nutrition labeled product).

Lunch Menu

Friday

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	11/18/24	11/19/24	11/20/24	11/21/24	11/22/24

<u>Entrée</u>	Beef Tacos	Cheeseburger Casserole	Ham & Scalloped Potato <u>Casserole</u>	Grilled Hamburgers	Torpedo Sandwich
Meat/Protein	Ground Beef (I) (CN)	Ground Beef (I) (CN)	Turkey Ham (non-pork) Diced	Ground Beef Patties (CN)	Turkey Breast
meat/Protein	Cheese, Shredded Cheddar	Cheese, Shredded Cheddar	Parmesan Cheese		Turkey Ham (non-pork)
Vegetable	Chili	Cucumbers	Potato, Sliced	Corn	Carrot, Baby
Toddler Substitution		Cucumbers (peeled for Toddlers)			Carrots (A,f)
Fruit	Diced Pears (C)	Oranges (C,f)	Apples, Canned Diced	Fruit Cocktail (A)	Bananas (C,f)
Toddler Substitution		Mandarin Oranges (C,f)	Applesauce	Diced Pears (C)	
Bread	Whole Wheat Tortillas, 1 oz eq	Macaroni	Dinner Roll WG	Hamburger Buns	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk



Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice. All cereals contain no more than 6 grams of sugar per dry ounce. All yogurts contain no more than 23 grams of sugar per 6 ounces. WG - Whole Grains served once per day. (A) Vitamin A, (C) Vitamin C, (f high-fiber fruit or vegetable, (I) Food with Iron. Drinking water is made available to children at all times at drinking fountains located in this facility. One year olds receive whole milk; children 2 and older receive low fat 1% milk. This institution is an equal oopportunity provider. All Entrees are "Home Made" unless marked CN (a Child Nutrition labeled product).

Wk-4

		Lunch	Menu		Wk-5
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	11/25/24	11/26/24	11/27/24	11/28/24	11/29/24

<u>Entrée</u>	Mexican Turkey Hash	<u>Italian Meatballs w</u> <u>Penne</u>	BBQ Chicken Sandwich	Spanish Rice w Beef	<u>Ham Sandwich</u>
Meat/Protein	Ground Turkey	Ground Beef Meatballs (CN)	Chicken, Diced	Ground Beef (I) (CN)	Turkey Ham (non-pork)
medi/ii oreiii	Cheese, Shredded Cheddar				
Vegetable	Potato, Diced Frzn	Celery Sticks	Green Beans (C)	Cucumbers	Carrot, Baby
Toddler Substitution		Green Beans (C)		Cucumbers (peeled for Toddlers)	Carrots (A,f)
Fruit	Diced Pears (C)	Oranges (C,f)	Diced Peaches (A&C)	Fruit Cocktail (A)	Apples, Canned Diced
Toddler Substitution		Mandarin Oranges (C,f)		Applesauce	Applesauce
Bread	Whole Wheat Tortillas, 1 oz eq	Penne Pasta	Hamburger Buns	Brown Rice WG	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk



Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice. All cereals contain no more than 6 grams of sugar per dry ounce. All yogurts contain no more than 23 grams of sugar per 6 ounces. WG - Whole Grains served once per day. (A) Vitamin A, (C) Vitamin C, (f high-fiber fruit or vegetable, (I) Food with Iron. Drinking water is made available to children at all times at drinking fountains located in this facility. One year olds receive whole milk; children 2 and older receive low fat 1% milk. This institution is an equal oopportunity provider. All Entrees are "Home Made" unless marked CN (a Child Nutrition labeled product).

		Lunch	Menu		Wk-6	
Day	Monday	Tuesday	Wednesday	∠ ∨ Thursday	Friday	l
Date	12/02/24	12/03/24	12/04/24	12/05/24	12/06/24	l

<u>Entrée</u>	BBQ Beef on a Bun	<u>Chili Mac</u>	Teriyaki Chicken	Beef & Potato Stroganoff	Turkey Sandwiches
Meat/Protein	Ground Beef (I) (CN)	Ground Beef (I) (CN)	Chicken, Diced	Ground Beef (I) (CN)	Turkey Breast
Meditriolein		Cheese, Shredded Cheddar			
Vegetable	Corn	Cucumbers	Carrot, Baby	Potato, Sliced	Celery Sticks
Toddler Substitution		Cucumbers (peeled for Toddlers)	Carrots (A,f)		Green Beans (C)
Fruit	Apples, Canned Diced	Oranges (C,f)	Pineapple Bits (C)	Fruit Cocktail (A)	Bananas (C,f)
Toddler Substitution	Applesauce	Mandarin Oranges (C,f)		Diced Pears (C)	
Bread	Hamburger Buns	Macaroni	Brown Rice WG	Whole Grain Bread	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk



Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice. All cereals contain no more than 6 grams of sugar per dry ounce. All yogurts contain no more than 23 grams of sugar per 6 ounces. WG - Whole Grains served once per day. (A) Vitamin A, (C) Vitamin C, (f high-fiber fruit or vegetable, (I) Food with Iron. Drinking water is made available to children at all times at drinking fountains located in this facility. One year olds receive whole milk; children 2 and older receive low fat 1% milk. This institution is an equal oopportunity provider. All Entrees are "Home Made" unless marked CN (a Child Nutrition labeled product).

		Lunch	Menu		Wk-7
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date					
<u>Entrée</u>					
Meat/Protein					
Mediterolein					
W					
Vegetable					
Toddler Substitution					
Fruit					
Toddler Substitution					
Bread					
Dreuu					
Milk					



Day Monday Tuesday Wednesday hursday Friday

Entrée

Meat/Protein

Vegetable
Toddler Substitution
Fruit
Toddler Substitution
Bread

Milk