


Lunch Menu

Wk-1

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	09/16/24	09/17/24	09/18/24	09/19/24	09/20/24



Entrée	<u>Tyrannosaurus Chili</u>	<u>Chicken Rice & Cheese Casserole</u>	<u>Sante Fe Burritos</u>	<u>Monster Meatball Subs</u>	<u>Brontosaurus Bologna & Cheese Sandwich</u>
Meat/Protein	Ground Beef (I) (CN)	Chicken, Diced	Refried Beans (f)	Ground Beef Meatballs (CN)	Turkey Bologna
Vegetable	Chili Beans (f)	Cheese, Sliced American	Cheese, Shredded Cheddar	Carrot, Baby	Cheese, Sliced American
Toddler Substitution		Cucumbers	Corn	Carrots (A,f)	Celery Sticks
Fruit	Diced Peaches (A&C)	Cucumbers (peeled for Toddlers)	 Fruit Cocktail (A)	Diced Pears (C)	Green Beans (C)
Toddler Substitution		Oranges (C,f)			Apples, Canned Diced
Bread	Saltines	Mandarin Oranges (C,f)	Whole Wheat Tortillas, 1 oz eq	Hotdog Buns	Applesauce
Milk	Milk	Brown Rice WG	Milk	Milk	Whole Grain Sandwich Bread
		Milk			Milk



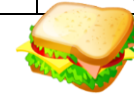
Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice. All cereals contain no more than 6 grams of sugar per dry ounce. All yogurts contain no more than 23 grams of sugar per 6 ounces. WG - Whole Grains served once per day. (A) Vitamin A, (C) Vitamin C, (f) high-fiber fruit or vegetable, (I) Food with Iron. Drinking water is made available to children at all times at drinking fountains located in this facility. One year olds receive whole milk; children 2 and older receive low fat 1% milk. This institution is an equal opportunity provider. All Entrees are "Home Made" unless marked CN (a Child Nutrition labeled product).


Lunch Menu



Wk-2

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	09/23/24	09/24/24	09/25/24	09/26/24	09/27/24



Entrée	Ground Turkey Tacos	Tator Tot Casserole	Cheesy Mac & Ham	Jurassic Joes	Classic Ham and Cheese Sandwich
Meat/Protein	 Ground Turkey	Ground Beef (I) (CN)	Turkey Ham (non-pork) Diced	Ground Beef (I) (CN)	Turkey Ham (non-pork)
	Cheese, Shredded Cheddar	Cheese, Shredded Cheddar	Cheese, Shredded Cheddar		Cheese, Sliced American
Vegetable	Corn	Tator Tots	Cucumbers	Green Beans (C)	Celery Sticks
Toddler Substitution			Cucumbers (peeled for Toddlers)		Green Beans (C)
Fruit	Apples, Canned Diced	Fruit Cocktail (A)	Oranges (C,f)	Diced Peaches (A&C)	Bananas (C,f)
Toddler Substitution	Applesauce	Diced Pears (C)	Mandarin Oranges (C,f)		
Bread	Whole Wheat Tortillas, 1 oz eq	Whole Grain Bread	Macaroni	Hamburger Buns	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk




Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice. All cereals contain no more than 6 grams of sugar per dry ounce. All yogurts contain no more than 23 grams of sugar per 6 ounces. WG - Whole Grains served once per day. (A) Vitamin A, (C) Vitamin C, (f) high-fiber fruit or vegetable, (I) Food with Iron. Drinking water is made available to children at all times at drinking fountains located in this facility. One year olds receive whole milk; children 2 and older receive low fat 1% milk. This institution is an equal opportunity provider. All Entrees are "Home Made" unless marked CN (a Child Nutrition labeled product).

Lunch Menu

Wk-3

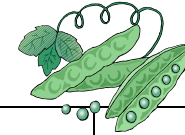
Day Date	Monday 09/30/24	Tuesday 10/01/24	Wednesday 10/02/24	Thursday 10/03/24	Friday 10/04/24
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<u>Entrée</u>	<u>Crispy Chicken Sandwich</u>	<u>Mama Mia Spaghetti</u>	<u>Green Chili Chicken Burritos</u>	<u>BBQ Chicken & Rice</u>	<u>Turkey & Cheese Sandwich</u>
Meat/Protein	Chicken Patties (CN)	Ground Beef (I) (CN)	Chicken, Diced Cheese, Shredded Cheddar	Chicken, Diced	Turkey Breast Cheese, Sliced American
Vegetable	Peas & Carrots (A, f)	Cucumbers Cucumbers (peeled for Toddlers)	Corn	Celery Sticks Green Beans (C)	Carrot, Baby Carrots (A, f)
Fruit	Apples, Canned Diced	Diced Pears (C) 	Oranges (C, f) Mandarin Oranges (C, f)	Diced Peaches (A&C)	Bananas (C, f)
Toddler Substitution	Applesauce				
Bread	Hamburger Buns	Spaghetti Noodles	Whole Wheat Tortillas, 1 oz eq	Brown Rice WG	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk




Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice. All cereals contain no more than 6 grams of sugar per dry ounce. All yogurts contain no more than 23 grams of sugar per 6 ounces. WG - Whole Grains served once per day. (A) Vitamin A, (C) Vitamin C, (f) high-fiber fruit or vegetable, (I) Food with Iron. Drinking water is made available to children at all times at drinking fountains located in this facility. One year olds receive whole milk; children 2 and older receive low fat 1% milk. This institution is an equal opportunity provider. All Entrees are "Home Made" unless marked CN (a Child Nutrition labeled product).

Lunch Menu



Wk-4

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	10/07/24	10/08/24	10/09/24	10/10/24	10/11/24

<u>Entrée</u>	<u>Beef Tacos</u>	<u>Cheeseburger Casserole</u>	<u>Ham & Scalloped Potato Casserole</u>	<u>Grilled Hamburgers</u>	<u>Torpedo Sandwich</u>
Meat/Protein	Ground Beef (I) (CN)	Ground Beef (I) (CN)	Turkey Ham (non-pork) Diced	Ground Beef Patties (CN)	Turkey Breast
Vegetable	Cheese, Shredded Cheddar  Chili	Cheese, Shredded Cheddar Cucumbers	Parmesan Cheese Potato, Sliced	Corn	Turkey Ham (non-pork) Carrot, Baby
Toddler Substitution		Cucumbers (peeled for Toddlers)			Carrots (A,f)
Fruit	Diced Pears (C)	Oranges (C,f)	Apples, Canned Diced	Fruit Cocktail (A)	Bananas (C,f)
Toddler Substitution		Mandarin Oranges (C,f)	Applesauce	Diced Pears (C)	
Bread	Whole Wheat Tortillas, 1 oz eq	Macaroni	Dinner Roll WG	Hamburger Buns	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk




Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice. All cereals contain no more than 6 grams of sugar per dry ounce. All yogurts contain no more than 23 grams of sugar per 6 ounces. WG - Whole Grains served once per day. (A) Vitamin A, (C) Vitamin C, (f) high-fiber fruit or vegetable, (I) Food with Iron. Drinking water is made available to children at all times at drinking fountains located in this facility. One year olds receive whole milk; children 2 and older receive low fat 1% milk. This institution is an equal opportunity provider. All Entrees are "Home Made" unless marked CN (a Child Nutrition labeled product).

Lunch Menu

Wk-5

Day Date	Monday 10/14/24	Tuesday 10/15/24	Wednesday 10/16/24	Thursday 10/17/24	Friday 10/18/24
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<u>Entrée</u>	<u>Mexican Turkey Hash</u>	<u>Italian Meatballs w Penne</u>	<u>BBQ Chicken Sandwich</u>	<u>Spanish Rice w Beef</u>	<u>Ham Sandwich</u>
Meat/Protein	Ground Turkey	Ground Beef Meatballs (CN)	Chicken, Diced	Ground Beef (I) (CN)	Turkey Ham (non-pork)
Vegetable	Cheese, Shredded Cheddar	 Celery Sticks	Green Beans (C)	Cucumbers	Carrot, Baby
Toddler Substitution	Potato, Diced Frzn	Green Beans (C)		Cucumbers (peeled for Toddlers)	Carrots (A,f)
Fruit	Diced Pears (C)	Oranges (C,f)	Diced Peaches (A&C)	Fruit Cocktail (A)	Apples, Canned Diced
Toddler Substitution		Mandarin Oranges (C,f)		Applesauce	Applesauce
Bread	Whole Wheat Tortillas, 1 oz eq	Penne Pasta	Hamburger Buns	Brown Rice WG	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk




Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice. All cereals contain no more than 6 grams of sugar per dry ounce. All yogurts contain no more than 23 grams of sugar per 6 ounces. WG - Whole Grains served once per day. (A) Vitamin A, (C) Vitamin C, (f) high-fiber fruit or vegetable, (I) Food with Iron. Drinking water is made available to children at all times at drinking fountains located in this facility. One year olds receive whole milk; children 2 and older receive low fat 1% milk. This institution is an equal opportunity provider. All Entrees are "Home Made" unless marked CN (a Child Nutrition labeled product).

Lunch Menu

Wk-6

Day Date	Monday 10/21/24	Tuesday 10/22/24	Wednesday 10/23/24	Thursday 10/24/24	Friday 10/25/24
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<u>Entrée</u>	<u>BBQ Beef on a Bun</u>	<u>Chili Mac</u>	<u>Teriyaki Chicken</u>	<u>Beef & Potato Stroganoff</u>	<u>Turkey Sandwiches</u>
Meat/Protein	Ground Beef (I) (CN)	Ground Beef (I) (CN) Cheese, Shredded Cheddar	Chicken, Diced	Ground Beef (I) (CN)	Turkey Breast
Vegetable	Corn	Cucumbers Cucumbers (peeled for Toddlers)	Carrot, Baby Carrots (A,f)	Potato, Sliced	Celery Sticks Green Beans (C)
Fruit	Apples, Canned Diced	Oranges (C,f) 	Pineapple Bits (C)	Fruit Cocktail (A) Diced Pears (C)	Bananas (C,f)
Toddler Substitution	Applesauce	Mandarin Oranges (C,f)			
Bread	Hamburger Buns	Macaroni	Brown Rice WG	Whole Grain Bread	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk




Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice. All cereals contain no more than 6 grams of sugar per dry ounce. All yogurts contain no more than 23 grams of sugar per 6 ounces. WG - Whole Grains served once per day. (A) Vitamin A, (C) Vitamin C, (f) high-fiber fruit or vegetable, (I) Food with Iron. Drinking water is made available to children at all times at drinking fountains located in this facility. One year olds receive whole milk; children 2 and older receive low fat 1% milk. This institution is an equal opportunity provider. All Entrees are "Home Made" unless marked CN (a Child Nutrition labeled product).

Lunch Menu



Wk-7

Day Date	Monday	Tuesday	Wednesday	Thursday	Friday
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<u>Entrée</u>					
Meat/Protein					
Vegetable					
Toddler Substitution					
Fruit					
Toddler Substitution					
Bread					
Milk					



Lunch Menu



Wk-8

Day Date	Monday	Tuesday	Wednesday	Thursday	Friday
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<u>Entrée</u>					
Meat/Protein					
Vegetable					
Toddler Substitution					
Fruit					
Toddler Substitution					
Bread					
Milk					

